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|  | 悲伤：衷心的悲伤和渴望指示：这份问卷是用以评估现时正在照顾脑退化症(例如阿氏痴呆症)患者的家庭照顾者所经历的哀伤情绪。请仔细阅读每一句句子，并决定你有多同意这些句子。 |

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| 非常 唔同意  |

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| 唔同意  |

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| 非常 同意  |

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|  | 当我知道我亲爱嘅人(患者)已经「唔再系以前嘅佢」，我就觉得好空虚、好难过。 | 1 | 2 | 3 | 4 | 5 |
|  | 我好挂住以前，挂住我哋曾经一齐拥有过、分享过嘅嘢。 | 1 | 2 | 3 | 4 | 5 |
|  | 换转系另一啲顽障，我可以应付得好啲。 | 1 | 2 | 3 | 4 | 5 |
|  | 夜晚睇住佢瞓，谂到佢已经「唔再系佢」，我就好伤心。 | 1 | 2 | 3 | 4 | 5 |
|  | 呢个病所造成嘅影响令我好难过。 | 1 | 2 | 3 | 4 | 5 |
|  | 我曾经失去过啲好亲嘅人，但而家呢种「失去」嘅经历更加令人困扰。 | 1 | 2 | 3 | 4 | 5 |