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|  | 悲傷：衷心的悲傷和渴望指示：這份問卷是用以評估現時正在照顧腦退化症(例如阿氏痴呆症)患者的家庭照顧者所經歷的哀傷情緒。請仔細閱讀每一句句子，並決定你有多同意這些句子。 |

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| 非常 唔同意  |

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| 唔同意  |

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| 有啲 同意  |

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| 非常 同意  |

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|  | 當我知道我親愛嘅人(患者)已經「唔再係以前嘅佢」，我就覺得好空虛、好難過。 | 1 | 2 | 3 | 4 | 5 |
|  | 我好掛住以前，掛住我哋曾經一齊擁有過、分享過嘅嘢。 | 1 | 2 | 3 | 4 | 5 |
|  | 換轉係另一啲頑障，我可以應付得好啲。 | 1 | 2 | 3 | 4 | 5 |
|  | 夜晚睇住佢瞓，諗到佢已經「唔再係佢」，我就好傷心。 | 1 | 2 | 3 | 4 | 5 |
|  | 呢個病所造成嘅影響令我好難過。 | 1 | 2 | 3 | 4 | 5 |
|  | 我曾經失去過啲好親嘅人，但而家呢種「失去」嘅經歷更加令人困擾。 | 1 | 2 | 3 | 4 | 5 |