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|  | Grief: Heartfelt Sadness & Longing |

This inventory is designed to measure the grief experience of current family caregivers of persons living with progressive dementia (e.g., Alzheimer’s disease). Read each statement carefully, then decide how much you agree or disagree with what is said.

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| --- | --- | --- | --- | --- | --- | --- |
|  |  | Strongly Disagree | Disagree | Somewhat Agree | Agree | Strongly Agree |
|  | I have this empty, sick feeling knowing that my loved one is “gone”. | 1 | 2 | 3 | 4 | 5 |
|  | I long for what was, what we had and shared in the past. | 1 | 2 | 3 | 4 | 5 |
|  | I could deal with other serious disabilities better than with this. | 1 | 2 | 3 | 4 | 5 |
|  | It hurts to put her/him to bed at night and realize that she/he is “gone” | 1 | 2 | 3 | 4 | 5 |
|  | I feel very sad about what this disease has done. | 1 | 2 | 3 | 4 | 5 |
|  | I’ve lost other people close to me, but the losses I’m experiencing now are much more troubling. | 1 | 2 | 3 | 4 | 5 |