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|  | 悲傷：憂慮和寂寞  指示：這份問卷是用以評估現時正在照顧腦退化症(例如阿氏痴呆症)患者的家庭照顧者所經歷的哀傷情緒。請仔細閱讀每一句句子，並決定你有多同意這些句子。 |

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|  |  | |  | | --- | | 非常 唔同意 | | |  | | --- | | 唔同意 | | |  | | --- | | 有啲 同意 | | |  | | --- | | 同  意 | | |  | | --- | | 非  常  同  意 | |
|  | 我同唔到任何人傾訴。 | 1 | 2 | 3 | 4 | 5 |
|  | 我成日擔心啲可能會發生嘅壞事。 | 1 | 2 | 3 | 4 | 5 |
|  | 腦退化症令我有雙重損失，既令我同我親愛嘅人(患者)唔再咁親近，又令我同屋企人疏遠咗。 | 1 | 2 | 3 | 4 | 5 |
|  | 我啲朋友根本唔明白我而家嘅經歷。 | 1 | 2 | 3 | 4 | 5 |
|  | 我好多晚都瞓唔著，擔心發生緊嘅事，同埋我聽日可以點算。 | 1 | 2 | 3 | 4 | 5 |
|  | 我至親嘅人都唔明白我經歷緊嘅嘢。 | 1 | 2 | 3 | 4 | 5 |