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| (34) | 抗逆力 |

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|  | 抗逆力 (Resilience) | | | |  |  |
|  | 请选出你在过去一个月的情况 | 没有 | 颇少 | 一般 | 颇多 | 很多 |
|  | 受到压力时感到焦虑 | 1 | 2 | 3 | 4 | 5 |
|  | 受到挫折时难以恢复过来 | 1 | 2 | 3 | 4 | 5 |
|  | 在压力下感到担忧 | 1 | 2 | 3 | 4 | 5 |
|  | 难以处理难题 | 1 | 2 | 3 | 4 | 5 |