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| (34) | Resilience |

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|  | Resilience |
|  | Please circle your situation in the past month  | No | Rather little | Average | Rather a lot | Very much |
| 1. | Feeling anxious when stressed | 1 | 2 | 3 | 4 | 5 |
| 2. | Having difficulty to recover from setbacks | 1 | 2 | 3 | 4 | 5 |
| 3. | Feeling worried under pressure | 1 | 2 | 3 | 4 | 5 |
| 4. | Having difficulty to deal with problems | 1 | 2 | 3 | 4 | 5 |