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| (36) | 学习应对 |

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|  | 学习应对(Learning to cope) | | | |  |  |
|  | 请选出你在过去半年的情况 | 没有 | 颇少 | 一般 | 颇多 | 很多 |
|  | 专家教你如何克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 朋友教你如何克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 其他长者教你如何克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 宗教人士教你如何克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 透过阅读去学习如何克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 家人教你如何克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 为了家人而去克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 社工教你如何克服逆境 | 1 | 2 | 3 | 4 | 5 |
|  | 传媒出现的人物教你如何克服逆境 | 1 | 2 | 3 | 4 | 5 |