Description of Life difficulty

|  |  |
| --- | --- |
| Function | Promoting personal control, well-being, social participation |
| Relevance | Life quality, physical functioning, life activity, self-care |
| Target | Elderly |
| Respondent | Elder |
| Feature | 5 items in 2-point rating scale |
| Reliability | .678 |
| References | Cheung, Chau-kiu, and Ping Kwong Kam. 2018. “Conditions for Pets to Prevent Depression in Older Adults.” *Aging & Mental Health* 22(12):1627-1633.Bass, David M., Linda S. Noelker, and Catherine A. McCarthy. 1999. “The Influence of Formal and Informal Helpers or Primary Caregivers’ Perceptions of Quality of Care.” *Journal of Applied Gerontology* 18(2):177-200. Lam, Cindy L.K., I.J. Lauder, T.P. Lam, and B. Gandek. 1999. “Population Based Norming of the Chinese (HK) Version of the SF-36 Health Survey.” *Hong Kong Practitioner* 21:460-470.Stewart, Anita L., and John E. Ware, Jr. 1993. *Measuring Functioning and Well-being: The Medical Outcomes Study Approach*. Durham, NC: Duke University Press. Whestone, Lauren M., James L. Fozard, E. Jeffrey Metter, Barbara S. Hiscock, Ray Burke, Neil Gittings, and Linda P. Fried. 2001. “The Physical Functioning Inventory: A Procedure for Assessing Physical Function in Adults.” Journal of Aging & Health 13(4):467-493. |

Scoring of Life difficulty

|  |  |  |
| --- | --- | --- |
| Response | No | Yes |
| Score for Items 1-5 | 0 | 100 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Great concern for promotion |
| 30-70 | Some concern for promotion |
| 0-30 | Appreciation  |