健康(Health) 的描述

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| --- | --- |
| 功能 | 促进心理健康，活动，照顾者的福祉 |
| 关联 | 健康老龄化，生产性老龄化，功能正常 |
| 对象 | 长者 |
| 回应者 | 长者 |
| 特色 | 6 项5分评分项目 |
| 信度 | .705 |
| 参考 | Kwan, Alex Yui-huen, Chau-kiu Cheung, Raymond Man-hung Ngan, Sik Hung Ng, Anna Lau, Edward Man-fuk Leung, and Sophia Siu-chee Chan. 2003. *Assessment, Validation, and Promotion for the Quality of Life and Continuum of Care of Elderly People in Hong Kong*. Hong Kong: Department of Applied Social Studies, City University of Hong Kong.  Lam, Cindy L.K., I.J. Lauder, T.P. Lam, and B. Gandek. 1999. “Population Based Norming of the Chinese (HK) Version of the SF-36 Health Survey.” *Hong Kong Practitioner* 21:460-470.  Stewart, Anita L., and John E. Ware, Jr. 1993. *Measuring Functioning and Well-being: The Medical Outcomes Study Approach*. Durham, NC: Duke University Press. |

健康计分

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 回应 | 没有 | 颇少 | 一般 | 颇多 | 很多 |
| 项目1-3和5 -6的分数 | 0 | 25 | 50 | 75 | 100 |
| 项目4的分数 (反向题) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| 量表得分：项目分数的平均 | 行动 |
| 70-100 | 赞赏 |
| 30-70 | 需要稍作推动 |
| 0-30 | 需要积极推动 |