健康(Health) 的描述

|  |  |
| --- | --- |
| 功能 | 促進心理健康，活動，照顧者的福祉 |
| 關聯 | 健康老齡化，生產性老齡化，功能正常 |
| 對象 | 長者 |
| 回應者 | 長者 |
| 特色 | 6 項5分評分項目 |
| 信度 | .705 |
| 參考 | Kwan, Alex Yui-huen, Chau-kiu Cheung, Raymond Man-hung Ngan, Sik Hung Ng, Anna Lau, Edward Man-fuk Leung, and Sophia Siu-chee Chan. 2003. *Assessment, Validation, and Promotion for the Quality of Life and Continuum of Care of Elderly People in Hong Kong*. Hong Kong: Department of Applied Social Studies, City University of Hong Kong.Lam, Cindy L.K., I.J. Lauder, T.P. Lam, and B. Gandek. 1999. “Population Based Norming of the Chinese (HK) Version of the SF-36 Health Survey.” *Hong Kong Practitioner* 21:460-470.Stewart, Anita L., and John E. Ware, Jr. 1993. *Measuring Functioning and Well-being: The Medical Outcomes Study Approach*. Durham, NC: Duke University Press. |

健康計分

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 回應 | 沒有 | 頗少 | 一般 | 頗多 | 很多 |
| 項目1-3和5 -6的分數 | 0 | 25 | 50 | 75 | 100 |
| 項目4的分數 (反向題) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| 量表得分：項目分數的平均 | 行動 |
| 70-100 | 讚賞 |
| 30-70 | 需要稍作推動 |
| 0-30 | 需要積極推動 |