Description of Health

|  |  |
| --- | --- |
| Function | Promoting mental health, activities, caregiver well-being |
| Relevance | Healthy aging, productive aging, functioning |
| Target | Elderly |
| Respondent | Elder |
| Feature | 6 items in 5-point rating scale |
| Reliability | .705 |
| References | Kwan, Alex Yui-huen, Chau-kiu Cheung, Raymond Man-hung Ngan, Sik Hung Ng, Anna Lau, Edward Man-fuk Leung, and Sophia Siu-chee Chan. 2003. *Assessment, Validation, and Promotion for the Quality of Life and Continuum of Care of Elderly People in Hong Kong*. Hong Kong: Department of Applied Social Studies, City University of Hong Kong.  Lam, Cindy L.K., I.J. Lauder, T.P. Lam, and B. Gandek. 1999. “Population Based Norming of the Chinese (HK) Version of the SF-36 Health Survey.” *Hong Kong Practitioner* 21:460-470.  Stewart, Anita L., and John E. Ware, Jr. 1993. *Measuring Functioning and Well-being: The Medical Outcomes Study Approach*. Durham, NC: Duke University Press. |

Scoring of Health

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | No | Rather little | Average | Rather a lot | Very much |
| Score for Items 1-3 and 5-6 | 0 | 25 | 50 | 75 | 100 |
| Score for Item 4 (Reverse -coded) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |