Description of Resiliency

|  |  |
| --- | --- |
| Function | Promoting health and well-being, confidence, courage |
| Relevance | Capability, crisis management, resource development |
| Target | Youth |
| Respondent | Youth |
| Feature | 10 items in 5-point rating scale |
| Reliability | .913 |
| References | Ngai, Steven Sek-yum, Chau-kiu Cheung, and Chi-tat Chan. 2019. *Report of Cyber Youth Outreach*. Hong Kong, China: Boys & Girls’ Club Association, Caritas Hong Kong, and Hong Kong Federation of Youth Groups.  Siu, Oi-ling, C. Harry Hui, David R. Phillips, Lin Lin, Tze-wai Wong, and Kan Shi. 2009. “A Study of Resiliency among Chinese Health Care Workers: Capacity to Cope with Workplace Stress.” Journal of Research in Personality 43:770-776. |

Scoring of Resiliency

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | No | Rather little | Average | Rather a lot | Very much |
| Score for Items 1, 2, 4 and 6-10 | 0 | 25 | 50 | 75 | 100 |
| Score for Item 3 and 5 (Reverse -coded) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |