|  |  |
| --- | --- |
| (413) | Resilience of the elderly in the community |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Resilience of the elderly in the community | | | | | |
|  | Please circle the situation of the elderly in the community in the past month | No | Rather little | Average | Rather a lot | Very much |
| 1. | Feeling anxious when stressed | 1 | 2 | 3 | 4 | 5 |
| 2. | Having difficulty to recover from setbacks | 1 | 2 | 3 | 4 | 5 |
| 3. | Feeling worried under pressure | 1 | 2 | 3 | 4 | 5 |
| 4. | Having difficulty to deal with problems | 1 | 2 | 3 | 4 | 5 |