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| (449) | Grief: Personal sacrifice burden of caregivers in the community  This inventory is designed to measure the grief experience of current family caregivers of persons living with progressive dementia (e.g., Alzheimer’s disease) in the community. Read each statement carefully, then decide how much you agree or disagree with what is said. |

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| --- | --- | --- | --- | --- | --- | --- |
|  |  | Strongly Disagree | Disagree | Somewhat Agree | Agree | Strongly Agree |
|  | They’ve had to give up a great deal to be a caregiver. | 1 | 2 | 3 | 4 | 5 |
|  | They feel they are losing their freedom. | 1 | 2 | 3 | 4 | 5 |
|  | They will be tied up with this for who knows how long. | 1 | 2 | 3 | 4 | 5 |
|  | Independence is what they’ve lost… They don’t have the freedom to go and do what they want. | 1 | 2 | 3 | 4 | 5 |
|  | They wish they had an hour or two to themselves each day to pursue personal interests. | 1 | 2 | 3 | 4 | 5 |
|  | They’re stuck in this caregiving world and there’s nothing they can do about it. | 1 | 2 | 3 | 4 | 5 |