Description of Mental health

|  |  |
| --- | --- |
| Function | Promoting commitment, achievement, morality |
| Relevance | Life monitoring, social participation, utilitarianism |
| Target | Youth  |
| Respondent | Youth  |
| Feature | 8 items in 5-point rating scale |
| Reliability | .901 |
| References | Ngai, Steven Sek-yum, Chau-kiu Cheung, and Chi-tat Chan. 2019. *Report of Cyber Youth Outreach*. Hong Kong, China: Boys & Girls’ Club Association, Caritas Hong Kong, and Hong Kong Federation of Youth Groups.Lam, Cindy L.K., I.J. Lauder, T.P. Lam, and B. Gandek. 1999. “Population Based Norming of the Chinese (HK) Version of the SF-36 Health Survey.” Hong Kong Practitioner 21:460-470. |

Scoring of Mental health

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | No | Rather little | Average | Rather a lot | Very much |
| Score for Items 3 and 5-8 | 0 | 25 | 50 | 75 | 100 |
| Score for Items 1-2 and 4 (Reverse -coded) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |