Description of Self-efficacy

|  |  |
| --- | --- |
| Function | Promoting job search, employment, life satisfaction, self-care |
| Relevance | Competence, self-regulation, social norm |
| Target | Security |
| Respondent | Recipient |
| Feature | 8 items in 5-point rating scale |
| Reliability | .736 |
| References | Tang, Kwong-leung, and **Chau-kiu Cheung.** 2008. *Evaluation of the Special Training and Enhancement Programme (My STEP) and District Employment Assistance Trial (DEAT)*. Hong Kong, China: Hong Kong Employment Development Service.  Cast, Alicia D., and Peter J. Burke. 2002. “A Theory of Self-esteem.” *Social Forces* 80(3):1041-1068.  Magaletta, Philip R., and J.M. Oliver. 1999. “The Hope Construct, Will, and Ways: Their Relations with Self-efficacy, Optimism, and General Well-being.” *Journal of Clinical Psychology* 55(5):539-551.  Shek, D.T.L., Siu, A.M.H., & Lee, T.Y. 2007. The Chinese positive youth development scale: A validation study. *Research on Social Work Practice, 17*(3), 380-391. |

Scoring of Self-efficacy

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | No | Rather little | Average | Rather a lot | Very much |
| Score for Items 1 – 4 | 0 | 25 | 50 | 75 | 100 |
| Score for Item 5 – 8 (Reverse -coded) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |